

PSYCHOSOCIAL SUPPORT PROGRAM
for persons affected by war, collective violence and displacement
@KU LEUVEN

Unfortunately, many countries around the world are afflicted by political and social instability, forms of collective violence and human rights violations. A significant proportion of our students and staff are deeply concerned about the political and social situation in their countries of origin and its impact on their families, future, studies or research, community and health. Leuven University organizes support groups to bring people together who are going through similar experiences. In this way, you may feel connected with others in the same situation, and you may benefit from learning how to cope with these challenges.

The support group provides a safe space to support each other in

- sharing experiences of loss and violence
- sharing challenges related to transnational family and community relationships
- exploring worries and hopes about the current situation and future
- exploring your strengths and collective coping strategies
- expressing your positive experiences and struggles with living in Belgium

This social support group will be guided by licensed psychotherapists (experienced in working with survivors of collective violence) from the Transcultural Trauma Centre for Refugees (PraxisP KU Leuven).

The program will be in English and Dutch.

For whom?

The program is accessible for students and staff of KU Leuven affected by war, collective violence or forced displacement. Persons who are not affiliated to KU Leuven are also very welcome to join the program.

Interested in joining the support group?

The program consists of seven 2h-sessions and takes place two times a year, starting in March and October.

For more information and registration

www.praxisp.be/supportgroup

Any questions?

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